


7.1.1

1. Interaction with Dr. Namita Gupta regarding PCOD / PCOS on 19-09-2024.

INDIRA GANDHI GOVT. PG COLLEGE VAISHALI NAGAR, BHILAI	
REPORT	
Name of the Programme	- Guest lecture by Dr. Namita Gupta
Topic	- Polycystic Ovary Syndrome
Place	- Department of Home Science
Date	- 19-09-2024
No. of Students	- 35

Polycystic Ovary Syndrome (PCOS) is a health problem that affects 1 in 10 women of childbearing age. Women with PCOS have a hormonal imbalance and metabolism problems that may affect their overall health and appearance. PCOS is also a common and treatable cause of infertility.



2. Workshop on self-defence from 27-10-2023 to 02-11-2023

सात दिवसीय सेल्फ डिफेंस ट्रेनिंग प्रोग्राम - असल बात (Asal Baat)

https://www.asalbaat.co.in/2023/11/blog-post_34.html?m=1



3. Lecture session on Gender Equity by eminent judges

वैशाली नगर महाविद्यालय में भारतीय न्याय संहिता पर एक दृश्य व्याख्यान

<https://kuberbhoomi.com/?p=44970>

